



RESIDENT SERVICES APRIL 2024 NEWS

- Job Fairs April 9 & 11
- April Break Lunches for Kids
- College Scholarships
- FSS Newsletter
- Study Center Newsletter
- Summer Camp Opportunity | Study Centers
- Babysitter Training for youth
- Coming Soon: CHEETA | Community Gardens
- Community Events

If you have questions or need accommodations to participate please contact Teyonda Hall thall@porthouse.org (207) 221-8003



JOB FAIR 2024

Questions? Contact
Teyonda Hall,
Director of Resident
Services at
207-221-8003 or
thall@porthouse.org

Join Portland Housing Authority,
Workforce Solutions, Boys & Girls Club,
Camp Ketcha, The Opportunity Alliance
and Others to find out about work
opportunities available in your area!

- Summer Jobs
- Custodial Work
- Healthcare
- Maintenance
- Childcare
- And Many More

Tuesday, APRIL 9 AT 10 AM

58 BOYD STREET, In the Solterra
Community Room, Portland ME 04101

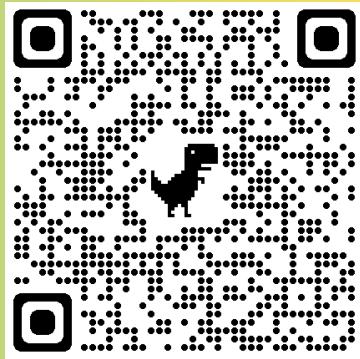
Thursday, APRIL 11 AT 10 AM

2 RIVERTON DRIVE, Riverton Park
Community Room, Portland ME 04102

APRIL BREAK LUNCH MENU



LUNCHES BY SIGN UP ONLY



Chicken
Nuggets



Baked
Macaroni &
Cheese



Chicken Wrap
with Lettuce,
Cheese, Ranch



Cheese
Sandwich



Hummus with
Pita Chips or
Veggies

Complete the form
online or at
the Study Center
<https://tinyurl.com/PHALunch>

April 2024 School Break Meal Sign Up

If requested, the PHA Study Centers will provide bagged lunches for PHA children during the April school break 4/12 – 4/19/24.

If you would like meals, please complete this form or the online form once for each youth that wants lunch by Monday 4/8/24.

Name of youth: _____

Address: _____

Parent/Guardian Phone Number: _____

Please choose one option per day:

Fri. 4/12	<input type="checkbox"/> Chicken Nuggets	<input type="checkbox"/> Hummus with Pita Chips or Veggies	<input type="checkbox"/> No lunch
Tue. 4/16	<input type="checkbox"/> Hummus with Pita Chips or Veggies	<input type="checkbox"/> Cheese Sandwich	<input type="checkbox"/> No lunch
Wed. 4/17	<input type="checkbox"/> Chicken Wrap with Ranch	<input type="checkbox"/> Hummus with Pita Chips or Veggies	<input type="checkbox"/> No lunch
Thur. 4/18	<input type="checkbox"/> Macaroni and Cheese	<input type="checkbox"/> Cheese Sandwich	<input type="checkbox"/> No lunch
Fri. 4/19	<input type="checkbox"/> Chicken Nuggets	<input type="checkbox"/> Hummus with Pita Chips or Veggies	<input type="checkbox"/> No lunch

All meals will include a drink, fruit, chip/cracker snack, and/or treat.

Parents or youth are expected to pick up their lunches from the Study Center or community Center they sign up with between noon and 1pm.

Suggestions for future lunches:

Sign up for April Break
Monday 4/8/24

Submit dietary restrictions through the google form or call/text Emily if you need an accommodation due to allergies or intolerances (207) 221-8063
Menu may change based on availability.

Call or text Emily (207) 221-8063 to change your order or to communicate dietary restrictions or accommodations.

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PORLAND **HOUSING** AUTHORITY

PHA Scholarship Program



For more information or if you have questions about the application:



Contact Emily
call or text: (207) 221-8063
email: efitch@porthouse.org



Application and extra copies of the reference form are available at:
www.porthouse.org/301



Applications are due

May 15th, 2024

Open to everyone

Anyone who plans to attend any higher education or trade school in the fall is eligible if they are on the lease with Portland Housing! You must be accepted to the school by the end of July.

Awards up to \$5,000

Scholarship awards generally range from \$1,000 to \$2,500. Applying does not guarantee an award. The number of awards and amounts will depend on funding and the decisions of the review committee.

Study Center Scholarship Events

Visit the Study Center for more information and support on Housing related scholarships

Riverton Park

61 Riverton Drive

Thursday

4/11/24

5-6 pm

Kennedy Park

51 Mayo Street

Friday

4/12/24

2-3 pm

Sagamore Village

21 Popham Street

Friday

4/12/24

4-5 pm



Allan R. Andrews Scholarship

The Scholarship Committee will determine the number and amounts of the scholarships; no scholarship will be less than \$1,000. Scholarships are paid directly to recipients. If you have any questions, please email info@nercnahro.org or call the NERC office at (617) 742-6372.

Deadline to apply: April 29, 2024.

www.nercnahro.org/page/Scholarship2024



Housing Authority Insurance Group

The HAIG Resident Scholarship Program awards are \$6,000 each and are issued to your educational institution before the fall 2024 academic term. A total of 20 scholarships will be awarded.

Accepting electronic applications until 3:30 p.m. on Friday, May 31, 2024.

www.housingcenter.com/scholarships/



PHA Scholarship

More information available on the reverse side of this flyer.

Deadline to apply: May 15, 2024.

www.porthouse.org/301



for all things scholarship related, feel free to call, text, or email us:

**Emily Mancini-Fitch
(207) 221-8063
efitch@porthouse.org**

Family Self-Sufficiency Program

Virtual Information Session

What is it? What can it do for me?

**Join our staff for an overview of the
program!**

When:

**Wednesday,
April 17
10-11am**

*A link will be sent the
day of the session*

Adam from the

**Voucher
Homeownership
Program will be
joining us to explain
how the FSS &
Homeownership
Programs can work
together!**

CALL/TEXT 207.221.8064 OR EMAIL AJONES@PORTHOUSE.ORG

TO REGISTER BY APRIL 12

INTERPRETER SERVICES AVAILABLE UPON REQUEST





Family Self-Sufficiency (FSS) Program Overview

What is the Family Self-Sufficiency (FSS) Program?

FSS offers an opportunity to **save your rent increase** and **achieve your goals and dreams** within 5 years.

How the Program Works

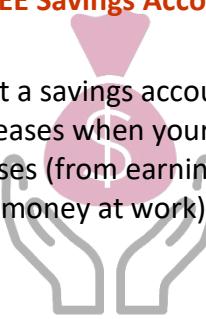
Individualized Services

An FSS Coach will help you identify goals and connect you to resources in the community to help you reach those goals.



FREE Savings Account

You get a savings account that increases when your rent increases (from earning more money at work)!



Reach Your Goals & Dreams!

- Buy your own home
- Save for education
- Pay down debt
- Buy a car
- And more!



The FSS Savings Account

Once you enroll in FSS, you become eligible to build savings through an FSS savings account. The FSS savings account is maintained by your property owner and grows as you earn more money at work.

Here's how it works...

You pay rent based on a percentage of your household income. When your household income rises, the amount you must pay toward rent also rises. **For FSS participants**, you will still pay the new higher rent to your landlord, but the housing authority will also deposit an amount equal to the increase in rent (due to income from work) into the FSS savings account. When you graduate, you can use this money for any purpose.

Eligibility

- Receive housing subsidy through the Portland Housing Authority.
- Be willing and able to work.
- Be a tenant in good standing as determined by your housing owner.

Appointment Frequency

- **You will meet with your Coach at least quarterly** to monitor progress toward your goals and connect to resources.

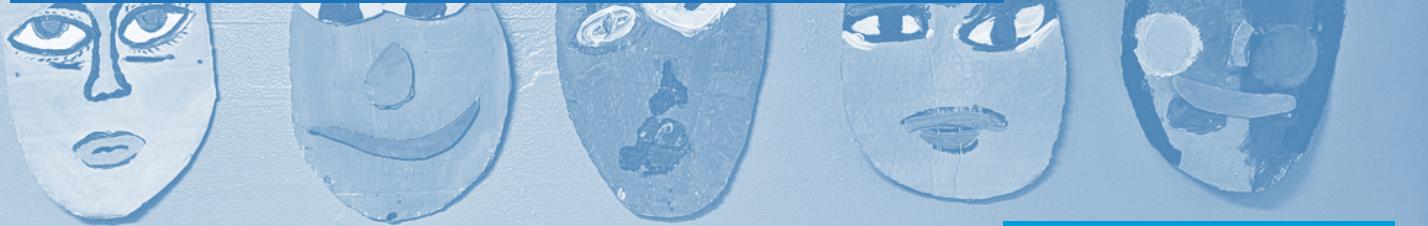
CALL : 207-221-8064

EMAIL: EMPOWERME@PORTHOUSE.ORG

VISIT ONLINE: BIT.LY/EMPOWERMEREFERRAL

Riverton Park Study Center News

Winter 2024



FIX A BIKE PROGRAM



By Miguel

Every month on the first Friday, Bicycle Coalition of Maine drops into the study center to hold a Fix-A-Bike session. This happens from 2 to 4 afterschool.

You get to learn to fix a bike. I'm trying to fix my bike's chain (but there is no single speed chains until March)

The great thing about Fix-A-Bike is that you fix the bike yourself instead of them fixing it for you.

Bring your bike in and Dan from Bicycle Coalition of Maine will teach you how to fix it.

(We have been working with the Bicycle Coalition of Maine since Summer 2023. Dan and his crew bring their bike repair tools and helps folks in the study center learn basics on bike repair.

Sometimes it takes a couple of months to get repairs completed. Stop by and talk with Bridget at the study center if you would like more information)

YOUTH DROP IN HOURS

MONDAY- 2 TO 6

Elementary – 2 to 3

Middle to High School 3 to 6

TUESDAY- 2 TO 6

Elementary – 2 to 3

Middle to High School 3 to 6

WEDNESDAY- 1 TO 5

Elementary – 1 to 2

Middle to High School 2 to 5

THURSDAY- 2 TO 6

Elementary – 2 to 3

Middle to High School 3 to 6

FRIDAY- 2 TO 4:30

Elementary – 2 to 3

Middle to High School 3 to 6

ADULT DROP IN HOURS

TUES, WED, FRI

11 am to 12 noon

ADULT ENGLISH CLASS

TUES, THURS

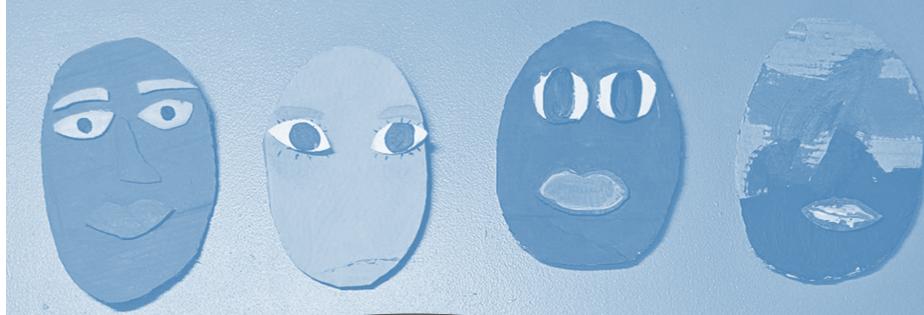
12 noon to 2 pm

ENGLISH CLASSES!

Portland Adult Education English Classes are happening at the study center!

Classes take place on Tuesday and Thursday from 12 to 2. These classes are currently serving level 1 and 2 learners.

For more information, email Marion Walsh at walshm@portlandschools.org



*Portland Adult Education English
Class meets
Tuesday and Thursday
from 12 to 2 pm
upstairs at the Study Center*

PHA ART EXHIBIT AT MAYO STREET ARTS!

Portland Housing Authority Resident and Staff Art Exhibition at Mayo Street Arts

Mayo Street Arts and the Portland Housing Authority are teaming up for an exhibit showcasing the talented artists who work and reside with Portland Housing Authority. The theme of the exhibit is the connections that bind us as a community and as neighbors. Mayo Street Arts gallery is committed of hosting a welcoming space for all members of the neighborhood and community. Art containing graphic violence or hateful content will not be considered.

You can sell your work if you chose. 70% of the price will go to the artist, and 30% will go to support Mayo Street Arts programming. Artists will be notified of acceptance on a rolling basis through Friday, March 15, 2024

Artwork Requirements

- Pieces must hang on the wall
- Artwork must be delivered to Mayo Street Arts ready to hang (Please ask PHA Staff if help is needed transporting or finding a way to hang your art).
- Mayo Street Arts & Portland Housing Authority may use images of accepted works for media and publicity purposes.
- All ages & abilities are welcome
- All mediums are welcome. (prints, paintings, textiles, ceramics, and beyond). There are no size requirements.
- Artwork should be appropriate for all ages.

Sign up by: [March 15, 2024](#)

Location of Exhibition: [Mayo Street Arts \(10 Mayo Street, Portland, ME\)](#)

Date of Exhibition: [May 3 - June 23, 2024](#)

Opening Reception: [Friday, May 3 | 5:00 PM - 8:00 PM](#)

Questions? Reach out to: [Teyonda Hall \(thall@porthouse.org\)](mailto:teyonda.hall@porthouse.org) & [Katie Page \(katie@mayostreetarts.org\)](mailto:katie@mayostreetarts.org)

GRILLED CHEESE

How to make a Grilled Cheese Sandwich
By Nyachot

First, you need sliced bread, sliced cheese, and a sandwich press.

Then, plug in the sandwich press. Put two slices of bread with a slice of cheese in the middle on the press.

Close the press.

Cook the sandwich for about one minute. (maybe more)

Then eat it.



Meet Feza (left) and Bridget (right), your Study Center team!

Riverton Park Study Center

date _____
month _____

SATURDAY SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SPECIAL HAPPENINGS
Study Center closed	Elementary students 2-3 Middle & High School Students 3 - 6	Adult Drop in 11:00- 12:00 Adult ESL 12:00 to 2:00 Elementary students 2-3 Middle & High School Students 3 - 6	Adult Drop in 11:00- 12:00 Elementary students 1-2 Middle & High School Students 2 - 5	Adult ESL 12:00 to 2:00 Elementary students 2-3 Middle & High School Students 3 - 6	Adult Drop in 11:00- 12:00 Elementary students 2-3 Middle & High School Students 3 - 4:30	

SCHOLARSHIP CORNER



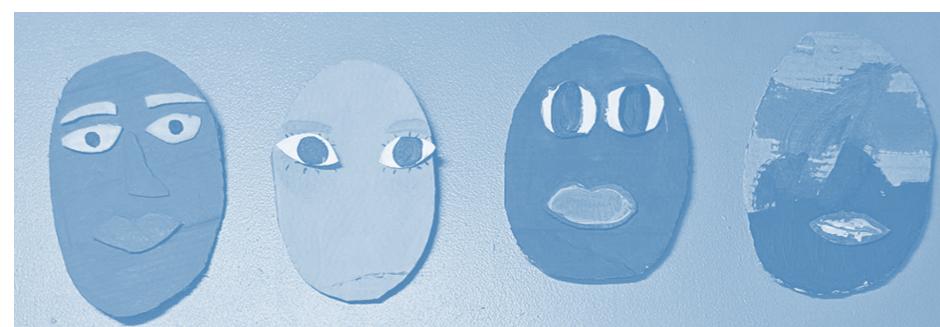
The Riverton Park Study Center is here to help you find money for college! High Schoolers and College folks join us for a SCHOLARSHIP night.

We will have information on:

- PHA scholarship
- NERC/ NAHRO scholarship
- HAIG Scholarship and pizza!

Talk with Bridget or Feza
Text or call 1-207-221-8074 or stop by!

SCHOLARSHIP NIGHT
April 11
5 to 6 pm
At the Riverton Park Study Center



TEATIME FOR ADULTS



Caregivers Teatime
Last Tuesday of the Month
11 to 12 at
Riverton Park
Study Center
Stop in for information and mini food pantry

For questions, comments or other accomodations, please text or call Bridget at 207-221-8074 or stop by the Study Center.

Riverton Park Study Center
61 Riverton Drive
RP.StudyCenter@porthouse.org
Call or text (207) 221-8074

English Classes:
Tues, Thurs 12-2 pm
Adult Drop-in Hours:
Tues, Wed, Fri 11 am – noon
Afterschool Drop-in Hours:
Mo, Tu, Th 2-6 pm, We 1-5 pm, Fr 2-4:30 pm

Happening Now



the summer camp

Summer of fun, tools for life.

The Summer Camp programs provide each camper with activities that:

- Provide a sense of belonging & connection
- Nurture self-esteem
- Increase physical activity
- Teach appropriate social skills
- Develop empathy for others
- Foster appreciation for nature
- Encourage creativity & imagination
- Promote diversity & friendship
- Inspire self-advancement
- Create confident leaders

Summer Camp for Girls 7-12 years old July 2 - July 11

Sign up through the Study Center
Applications Due April 12th

During the day, campers are in mixed-age groups to participate in scheduled camp activities. In small, supportive groups, campers sample new recreational activities, learn and improve skills, and stretch beyond their comfort zones. Some activities include:

- Canoeing, kayaking & pontoon Rides
- Swimming lessons
- Dance
- Landsports
- Food Fun Fitness
- Creative Arts
- Arts & Crafts
- Nature Exploration
- Hardy Girls Healthy Women (empowering girls)
- Literacy enrichment

PHA STUDY CENTERS



After School hours for youth Monday through Friday

Contact the Study Center for more information
about their schedule

Homework
College and Jobs
Resume Building
Scholarships
Teen Leadership

Kennedy Park

51 Mayo Street

(207) 221-8073

Amanda & Leo

Riverton

61 Riverton Drive

(207) 221-8074

Bridget & Feza

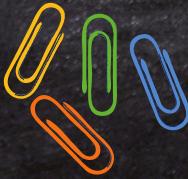
Sagamore

21 Popham Street

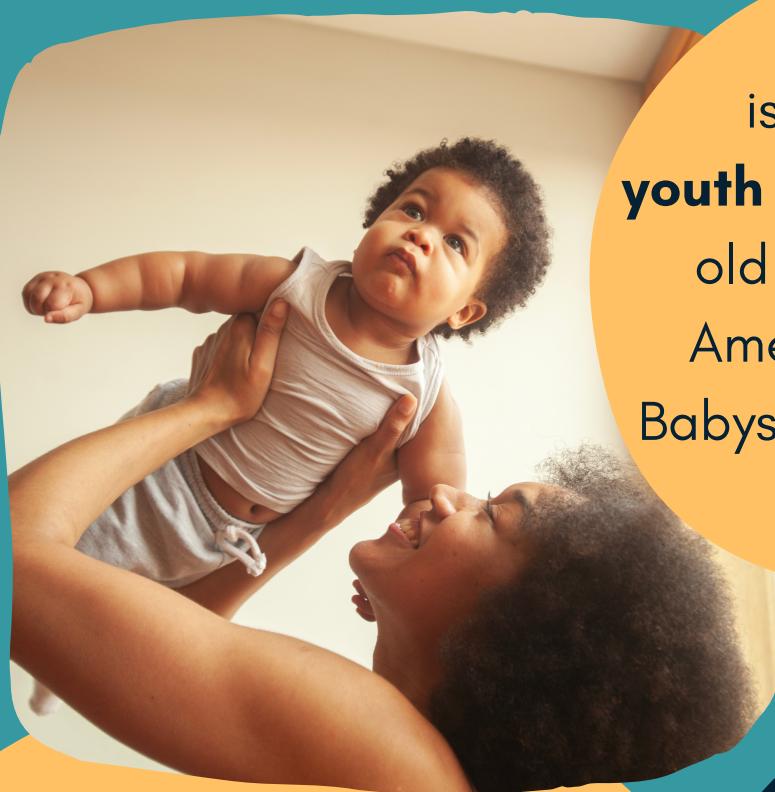
(207) 221-8075

Anna & Margarida

Parents, please make sure we have your
updated contact information for 2024



BABYSITTING BASICS COURSE



- **Basic Care for Infants and Children**
- **Basic First Aid**
- **Child Behavior**
- **Age-Appropriate Activities**
- **Emergency Protocols**
- **Growing Your Business**
- **Professionalism**
- **Leadership**

PHA
is sponsoring 10
youth ages 11 to 16 years
old to complete the
American Red Cross
Babysitting Basics online
course

Learn
how to start your
own babysitting business

4 hour online course
that can be done alone
or with friends at the
Study Center.

Sign up
with your
Study Center:
Riverton Park (207) 221-8074
Kennedy Park (207) 221-8073
Sagamore Village(207) 221-8075



Coming Soon

Summer Internships for Teens

14-18 years old in
Sagamore, Riverton, & Kennedy Park

- Build your job skills and your resume
- Workshops, trainings, teamwork, college tours, resume development, mock job interviews
- About 15 hours per week
- Work permits required for 14-15 year old youth
- Youth leaders may be eligible for stipends after completing 100 hours with CHEETA
- Work as a team with your peers to plan the projects & events you want and need in your community
- The Study Center provide mentors to help you meet your goals and funding for your projects

SEEDS & SEEDLINGS COMMUNITY GARDENS

RIVERTON PARK, SAGAMORE VILLAGE,
WASHINGTON GARDENS/FRONT STREET,
AND EAST BAYSIDE NEIGHBORHOODS

Call, Text, or email
Emily (207) 221-8063
efitch@porthouse.org
for updates and notifications
on gardening news



CA\$H GREATER PORTLAND FINANCIAL STABILITY FAIR

AT THE PORTLAND SEA DOGS



SUNDAY, MAY 5 | 11 AM

Join CA\$H Greater Portland for a day of baseball, food, fun, and financial education! Attend financial stability workshops and receive free tickets and food vouchers for the whole family.



FINANCIAL WORKSHOPS



KID-FRIENDLY ACTIVITIES



FREE GAME TICKETS



FREE FOOD VOUCHERS



SCAN TO GET TICKETS OR VISIT
UWSME.ORG/CASHBASEBALL

SIGN UP BY APRIL 5

THANK YOU TO OUR EVENT SPONSOR
JPMORGAN CHASE & Co.

CA\$H GREATER PORTLAND IS AN INITIATIVE OF
UNITED WAY OF SOUTHERN MAINE IN PARTNERSHIP
WITH THE GREATER PORTLAND CA\$H COALITION.

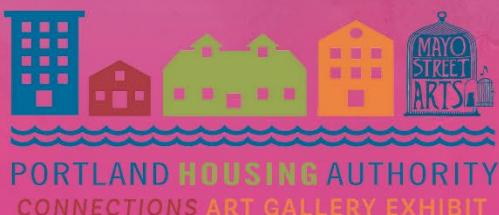




Portland Housing
Authority and
Mayo Street Arts
Invite you to
attend the
Connections Art
Exhibit Opening

Connections Art Exhibition

May 3, 2024 5pm to 7pm
10 Mayo St, Portland, ME 04101



For questions, contact
Teyonda Hall, Director of
Resident Services
thall@porthouse.org